

The Variable Annuity Life Insurance Company (VALIC), Houston, Texas

This is a 2-sided form, please read both sides before completing. Transfer of Value or Contribution Allocation Change requests may also be made by calling 1-800-448-2542 or logging on to VALIC Online at www.valic.com.

1. CLIENT INFORMATION

Name: _____ Daytime Phone: (_____) _____

SSN or Tax ID: _____

2. TRANSFER OF VALUE REQUEST

Your group or plan may limit the number of investment options. Transfers from a Multi-Year Enhanced Fixed Option may be subject to a market value adjustment. Transfers to a Multi-Year Enhanced Fixed Option must be for a minimum of \$25,000.

Account #: _____	Account #: _____	Account #: _____
From Fund Code:	From Fund Code:	From Fund Code:
_____ \$ _____ or _____ %	_____ \$ _____ or _____ %	_____ \$ _____ or _____ %
To Fund Code:	To Fund Code:	To Fund Code:
_____ \$ _____ or _____ %	_____ \$ _____ or _____ %	_____ \$ _____ or _____ %
_____ \$ _____ or _____ %	_____ \$ _____ or _____ %	_____ \$ _____ or _____ %
_____ \$ _____ or _____ %	_____ \$ _____ or _____ %	_____ \$ _____ or _____ %
_____ \$ _____ or _____ %	_____ \$ _____ or _____ %	_____ \$ _____ or _____ %
_____ \$ _____ or _____ %	_____ \$ _____ or _____ %	_____ \$ _____ or _____ %
_____ \$ _____ or _____ %	_____ \$ _____ or _____ %	_____ \$ _____ or _____ %
_____ \$ _____ or _____ %	_____ \$ _____ or _____ %	_____ \$ _____ or _____ %
_____ \$ _____ or _____ %	_____ \$ _____ or _____ %	_____ \$ _____ or _____ %
_____ \$ _____ or _____ %	_____ \$ _____ or _____ %	_____ \$ _____ or _____ %
_____ \$ _____ or _____ %	_____ \$ _____ or _____ %	_____ \$ _____ or _____ %
100%	100%	100%

3. CONTRIBUTION ALLOCATION CHANGE REQUEST

The effective date will be applied to the first contribution after the form is received in good order at VALIC unless a future date is indicated. Allocations may not be made to a Multi-Year Enhanced Fixed Option. Please use the Transfer of Value section of this form, or form VL14098 to establish a Multi-Year Enhanced Fixed Option.

Account #: _____	Account #: _____	Account #: _____
Effective Date: _____	Effective Date: _____	Effective Date: _____
Fund Code(s) Amount	Fund Code(s) Amount	Fund Code(s) Amount
_____ %	_____ %	_____ %
_____ %	_____ %	_____ %
_____ %	_____ %	_____ %
_____ %	_____ %	_____ %
_____ %	_____ %	_____ %
_____ %	_____ %	_____ %
_____ %	_____ %	_____ %
_____ %	_____ %	_____ %
_____ %	_____ %	_____ %
_____ %	_____ %	_____ %
_____ %	_____ %	_____ %
Total	Total	Total
100%	100%	100%

4. SYSTEMATIC TRANSFER OF VALUE REQUEST

- For Independence Plus and Portfolio Director Products only (minimum transfer \$100).
- Transfers from a Multi-Year Enhanced Fixed Option are not available.

Account Number: _____
 Start Date: _____ Stop Date: _____
 (effective date of first transfer)

Frequency: Monthly Quarterly Semi-Annually Annually
 Method: Dollar Percent Interest Only
 Total from Fixed 01 _____ years (minimum 5 years)

From Fund Code: _____ \$ _____ or _____ %
 To Fund Code(s): _____ \$ _____ or _____ %
 _____ \$ _____ or _____ %
 _____ \$ _____ or _____ %
 _____ \$ _____ or _____ %
 _____ \$ _____ or _____ %
 _____ \$ _____ or _____ %
 _____ \$ _____ or _____ %
 _____ \$ _____ or _____ %
 _____ \$ _____ or _____ %
 _____ \$ _____ or _____ %
 _____ \$ _____ or _____ %
 _____ \$ _____ or _____ %
 _____ \$ _____ or _____ %
 _____ \$ _____ or _____ %

Replaces an Existing Systematic Transfer of Value **100 %**

Account Number: _____
 Start Date: _____ Stop Date: _____
 (effective date of first transfer)

Frequency: Monthly Quarterly Semi-Annually Annually
 Method: Dollar Percent Interest Only
 Total from Fixed 01 _____ years (minimum 5 years)

From Fund Code: _____ \$ _____ or _____ %
 To Fund Code(s): _____ \$ _____ or _____ %
 _____ \$ _____ or _____ %
 _____ \$ _____ or _____ %
 _____ \$ _____ or _____ %
 _____ \$ _____ or _____ %
 _____ \$ _____ or _____ %
 _____ \$ _____ or _____ %
 _____ \$ _____ or _____ %
 _____ \$ _____ or _____ %
 _____ \$ _____ or _____ %
 _____ \$ _____ or _____ %
 _____ \$ _____ or _____ %
 _____ \$ _____ or _____ %
 _____ \$ _____ or _____ %
 _____ \$ _____ or _____ %

Replaces an Existing Systematic Transfer of Value **100 %**

5. SPECIAL INSTRUCTIONS

6. FIXED ACCOUNT RESTRICTIONS AND SPECIAL TRANSFER PROVISION

- A.** Certain VALIC contracts allow only up to 20% of accumulated assets to be transferred from Fixed Account Plus to other investment options within a contract year. If money is transferred from Fixed Account Plus, any amount subsequently moved back into Fixed Account Plus within 90 days of the last transfer date will be placed into the pool interest band. Any amount subsequently moved back into Fixed Account Plus after 90 days of the last transfer date will be placed into the current interest band.
- B.** Special Asset Transfer Provision. Clients who exchange non-Portfolio Director contracts for a Portfolio Director (PD) contract may transfer up to 100% of the Fixed Account Plus value in the non-PD accounts to investment options other than Fixed Account Plus in the PD account.
- If the transfer exceeds 20% of the fixed value, it can be made coincident with the product exchange or any time up to 90 days from the date of the exchange. **Any** amounts subsequently transferred into Fixed Account Plus within **90** days from the date of the last transfer out of the fixed investment option, are credited to the pool band. Amounts transferred into Fixed Account Plus after this 90-day period are credited to the then current interest band at the applicable rate.
 - If the transfer does not exceed 20%, it can be made coincident with the product exchange, or anytime within any contract year for the newly established PD account as specified in A. **Any** amounts subsequently transferred into Fixed Account Plus within **90** days from the date of the last transfer out of Fixed Account Plus are credited to the pool band. Amounts transferred into Fixed Account Plus after this 90-day period are credited to the then current interest band at the applicable rate.
- C.** If the Fixed Account Plus fund balance is not greater than \$500, the entire Fixed Account Plus fund balance may be moved at any time.
- D.** Any funds transferred into the Short-Term Fixed Account investment option must remain in the Short-Term Fixed Account investment option for a period of 90 days before the funds can be moved to another investment option.

7. CLIENT APPROVAL

- I request the company, subject to the provisions of the Contract/Certificate, make the above change(s).
- I have received a current product prospectus, and it is my understanding that I can request a prospectus for each fund/subaccount that I choose that is registered with the Securities Exchange Commission.
- I understand that any allocation change or transfer of value requested will be effective on the date the form is received in good order at VALIC.

 Client Signature _____
 Date

 Financial Advisor Signature _____
 Date

MAILING ADDRESS

Please send completed forms to:
 VALIC Document Control
 P.O. Box 15648
 Amarillo, TX 79105-5648
 Call 1-800-448-2542 for assistance.